



Military Outreach USA



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Moral Injury Research Executive Director Military Outreach USA

[MILITARY OUTREACH USA](http://www.MilitaryOutreachUSA.org)

Associate Clinical Professor, Psychology and Psychiatry

Rosalind Franklin University of Medicine and Science

Clinical Psychologist Retired (30 years' service)

Mental Health and Stress Disorder Programs

Captain James A. Lovell Federal Health Care Center

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Education

Ph.D., Northwestern University, 1991, Counseling Psychology

M.A., Northern Michigan University, 1974, Counseling Psychology

B.S., University of Wisconsin, Stevens Point, Natural Resources Management

Veteran Experiences

Clinical Psychologist, Mental Health Programs, CPT James A. Lovell Federal Health Care Ctr.
Associate Professor, Psychology and Psychiatry, Rosalind Franklin University of Medicine and Science

Program Director: Dual-Diagnosis Program North Chicago Veterans Affairs Medical Ctr.

Psychotherapist and Faculty, Evanston Hospital Outpatient Psychiatry.

Quad Residence Director for Student Development, Northern Michigan University.

Personal Statement

As a clinician/researcher/manager for over 45 years, I have the expertise, leadership, training, and motivation necessary to successfully serve as a Board Member of Military Outreach. The Mission and Goals of Military Outreach as a faith-based nonprofit Organization assisting U.S. Veterans and First Responders has my strong support. I am entering my fourth year on the Church Council of the Ascension Lutheran Church in Deerfield, my family Church. Over the



years, my family and I have been members and leaders within several Churches including the North Shore Unitarian Church.

My background in psychology includes specific training and expertise in assessment and treatment of PTSD, TBI, Moral Injury, and Substance Abuse. My research includes psychological measurement through eyetracking as a biomarker of PTSD, TBI, and Moral Injury. As PI or co-investigator on several funded grants, my team has laid the groundwork for research by developing effective measures of PTSD, TBI, and Moral Injury. As leader of the PTSD/TBI/Moral Injury research team our team has completed successfully ten studies in the last 10 years and has two current are studies in preparation. I have administered the grants listed and supervised our projects (e.g. staffing, research protections, budget), collaborated with other researchers, and produced peer-reviewed publications. As a result of these previous experiences, I am aware of the importance of frequent communication among project members and of constructing a realistic research action plan, timeline, and budget.

Selected Publications

Perez, D., Larson, P. & **Bair, J. P.** (2021). The impact of moral injury on veterans,
Journal of Community Engagement and Scholarship.

Kandah, C., Ciccone, D., **Bair, J. P.**, Swaminathan, B., & Scimeca, L. (2015).
Neuropsychological performance of military personnel with Blast and Non-Blast-Related
mTBI and PTSD. *The Clinical Neuropsychologist*, 29(3), 335.

Bair, J. P., & Long, M. (2013). Critical issues in the evolving diagnosis of PTSD. In M.
Goldstein (Ed.), *The Handbook of Forensic Sociology and Psychology* (pp. 201-214),
New York: Springer.

Harkins, S., **Bair, J. P.**, & Korshak, S. J. (2013). Group relations and 12-step recovery:
Alcoholism Treatment Quarterly, 31, 396-412. DOI: 10.1080/07347324.2013.800401

Lipgar, R., **Bair, J. P.**, & Marks, N. (2007). Leadership, psychiatry, and experiential learning.
Organisational and Social Dynamics. Conference Proceedings, Organization for
Psychoanalytic Study of Social Systems. London, England.

Lipgar, R. M., **Bair, J. P.**, & Fichtner, C. (2005). Integrating research with conference learning:
10 years of Q Methodology studies exploring experiential learning in the Tavistock
Tradition. *Psihologia Resurselor Umane: Revista Asociatiei de Psihologie Industriala si
Organizationala*, 3(1), 13-28.

Laubmeier, K., Zakowski, S., & **Bair, J. P.** (2004). Spirituality, coping, and perceived life threat
in the psychological adjustment to cancer. *International Journal of Behavioral Medicine*,
11(1), 48-55.

Lipgar, R. M., **Bair, J. P.**, & Fichtner, C. (2004). Integrating research with Group Relations



- conferences: Challenges, insights and implications. *Group Relations Reader 3.*, 459-485.
- DeHaas, R. A., Calamari, J. E., **Bair, J. P.**, & Martin, E. D. (2001). *Anxiety sensitivity and drug or alcohol use in individuals with anxiety and substance use disorders. Addictive Behaviors, 26*, 787-801.
- Cox, M., Blount, J., **Bair, J. P.**, & Hosier, S. (2000). Motivational predictors of readiness to change in chronic substance abusers. *Addiction Research, 8* (2), 121-128.
- Lipgar, R. M., **Bair, J. P.**, & Fichtner, C. (2000). Integrating research with conference learning: 10 Years of Q Methodology studies exploring experiential learning in the Tavistock Tradition. *Operant Subjectivity: Journal of the International Society for the Scientific Study of Subjectivity, 24*(1), 1-24.

Selected Presentations 2023-2015

- Bair, J.**, Nimrod, K., Walker, A., O'Donnell, C. *Moral Injury/Moral Distress, and Moral Compass: Finding Hope.* We have addressed The Military Officers of America, and seven Rotary Clubs including: Winnetka, Northfield, Waukegan, North Chicago, O'Hare, Barrington, Wilmette, and the Voice of Lake County Radio Show.
- Bair, J.**, Nimrod, K., Sproule, E., Farina, L., Manian, M. (2022) *Researching Unspeakable PTSD: A Detailed Analysis of Themes from Veterans Reports of Moral Injury and Moral Distress* Poster Presentation. APA Convention, Minneapolis, Minn.
- Bair, J. P. & Rinehart, J.** (2022). *The experience of psychotherapy for moral injury.* Psychiatry Training Program Presentation, James A. Lovell Federal Health Care Center, North Chicago IL.
- Bair, J. P.**, Chandler, J., Meltzer, C., & McVeigh, K. M. (2021). *Evolving group relations: Embracing empirical social science.* Group Relations in the 21st century, A. K. Rice 20th Dialogues and Scientific Meeting, Chicago, IL.
- Bair, J. P.**, & Hostetler, B. (2020). *Symptom presentation of guilt, shame, and hyperarousal among PTSD Veterans.* Rosalind Franklin University and Lovell FHCC Medical Grand Rounds, North Chicago IL.
- Bair, J. P.**, & McCracken, S. (2020). *Moral Injury: Assessment and research updates from Lovell FHCC PTSD/TBI/Moral Injury Research Team.* Department of Social Work Training Event, Lovell FHCC, North Chicago IL.

- Nguyen, D., Ciccone, D., & **Bair, J. P.** (2020). *The assessment of executive judgement in PTSD Veterans*. Rosalind Franklin University and Lovell FHCC Medical Grand Rounds, North Chicago IL.
- Nguyen, D., **Bair, J. P.**, & Ciccone, D. (2020). *Eyetracking in the assessment of executive judgement in PTSD Veterans*. The International Neuropsychology Society, Tucson AZ.
- Bair, J. P.**, Meltzer, C., & Nguyen, D. (2019). *Eye movement/eyetracking in the assessment of PTSD, TBI, Moral Injury, and Sexual Assault*. American Psychological Association Conference (APA), poster presentation, Washington DC.
- Bair, J. P.**, & Rene'Hebert, J. (2018). *A hermeneutical discourse analysis of Moral Injury: Investigating the individual interpretive process*. The International Society for Traumatic Stress Studies (ISTSS), poster presentation, Washington DC.
- Bair, J. P.**, & Perez, D. (2018). *Relationships between Moral Injury preferences in veterans exposed to morally injurious events*. The International Society for Traumatic Stress Studies (ISTSS), poster presentation, Washington DC.
- Bair, J. P.**, & Schimsa, C. (2018). *Investigation of pre-war worldviews among morally injured veterans*. James A. Lovell FHCC, Medical Grand Rounds, North Chicago, IL
- Bair, J. P.** (2018). *Captain James A. Lovell FHCC PTSD/TBI/Moral Injury Research Studies*. Yellow Brick Trauma Program, Northwestern University, Evanston, IL.
- Bair, J. P.**, Mukoyama, J., Rudd, J., Rene' Hebert, J., & Rinehart, J. (2018). *The Captain James Lovell FHCC Moral Injury Clinical and Research Program, presented at the Medical Grand Rounds, Zablocki VAMC, Milwaukee, WI.*
- Bair, J. P.**, Rene'Hebert, J., & Perez, D. (2018). *Moral Injury Clinical and Research Program at James A. Lovell FHCC, American Legion Seminar, Highland Park, IL.*
- Bair, J. P.** (2017). *PTSD Clinical and Research Updates*: Rosalind Franklin University of Medicine and Science: Annual Faculty Day Speaker, North Chicago, IL.
- Bair, J. P.** (2017). *Inspired Faculty*: Rosalind Franklin University of Medicine and Science: The Psychiatry Residents Retreat, Annual Training Speaker, North Chicago, IL.
- Bair, J. P.**, Barrett, C, Gela, N., (2017) *Recent Research and Clinical Progress on Family Focused Therapies*, Medical Grand Rounds, Lovell FHCC and Rosalind Franklin Medical University of Medicine and Science, North Chicago IL.
- Shenberger, A., **Bair, J. P.**, Barrett, C., Saul, K., N'Cho, H. (2015). The vital importance of family focus in treatment of PTSD and TBI, American Psychological Association Annual Conference, Toronto.

Bair, J. P., Shenberger, A., & Barrett, C. (2015). The vital importance of family focus in treatment of PTSD and TBI, USA Veterans Outreach.

Grants

CARES Foundation: *“The Use of Eye Tracking Technology to Assess Traumatic Brain Injury (TBI) and Post Traumatic Stress Disorder (PTSD): An Evidence Based Model and Alternative to Reduce the Subjective Bias and Lack of Clarity in Traditional Evaluation and Treatment Methods.”*

CARES Foundation: *“I-Rest Training in Mindfulness as an Effective Intervention in Treatment of Post Traumatic Stress Disorder”*

Rotary Club: *“Eyetracking to Assess Post Traumatic Stress Disorder and Traumatic Brain Injury.”*

One World Health Foundation: *“Eye tracking to Assess Post Traumatic Stress Disorder and Traumatic Brain Injury.”*

Loewen Grant: “Group Relations Consulting.”

Grant applications submitted:

1. NIMH: Dr. T. Pape at Hines VAMC is Primary Investigator in collaboration with Northwestern University and Lovell FHCC.
2. Spungen Foundation.

The publications and presentations listed above directly address the fact that PTSD/TBI/Moral Injury is an evolving area of diagnosis and treatment. Our research team is actively engaged, and our research will contribute to the evolving specificity of diagnosis and treatment in these areas. This research is in the leading area of biomarker research, which is anticipated to grow rapidly and make important contributions to the advancement of science.

